



# the GOLF academy

THE GOLF ACADEMY is a junior golf development programme that specialises in teaching pre-primary and primary school students.

At pre-primary and junior primary level, Junior Golf teaches students on school premises. We welcome children who have never played golf before, as well as students who need help in taking their skill to the next level. Our programme teaches grip, ball position, stance and swing motion to the beginner. This is an introduction programme where we use tried and tested learning techniques in the form of fun activities and games. At a school session there is a PGA qualified coach and one trained assistant who helps with the development of these students.

A focus in a school session is Long Term Athletic Development (LTAD). This is done to maintain a fun, interesting and interactive session. It helps to develop the young player's physical abilities aiding them to become better golfing athletes. With our pre-primary students we focus on fundamental movement skills as well as on fundamental sport and golf skills.

All equipment is provided in our sessions as well as a colourful target arena for pre-primary students. A driving range environment with hitting bays, buckets, balls and yardages are set up for the primary students.

Once our students are confident in their understanding and skill in golf, we encourage them to progress to our clinic which is held at The Lake Club Benoni. Here the training is more intense and they learn a more advanced technique. As with our school coaching, our clinics at the range are run by PGA members.

All our young golfers take part in our levels programme which is run from The Lake Club Benoni. This gives the student an indication of what they have to achieve and what they need to complete to move up to the next level.

Golf helps develop concentration, discipline focus, etiquette, competitiveness and athleticism. Different levels of coaching are given to students depending on their skills level.





# structure

## SCHOOLS

### Pre-Primary

We have a 30 minute weekly session held on school premises

**Fees:**

3Term school:	R600 / per term
4 Term school:	R450 / per term

### Primary

We have 45 minute weekly session held on the school premises

**Fees:**

3Term school:	R880 / per term
4 Term school:	R660 / per term

### Clinics

Children who are too advanced for the school sessions will be moved to the clinic. Skills tests are put in place to monitor the children's development.

**Fees:** R900 / per term

## PRIVATE LESSONS

### Individual Lessons

The private lessons are 4 x lessons per month. This includes golf balls and video analysis.

**Fees:**

Juniors	R800 - 1 hour
Students	R800 - 45 minutes
Adults	R1200 - 1 hour

### Single Lesson

**Fees:**

Juniors	R250 - 30 minutes
Students	R300 - 45 minutes
Adults	R350 - 1 hour

We are also able to custom fit your child with clubs and any apparels needed.

## CONTACT DETAILS

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